WELLNESS & NATURAL LIVING

SANDWICHES OF THE MONTH

**BOM SANDWICH**
$7.99 ea.
This marriage of beef, caramelized onions, and sautéed crimini mushrooms is the BOM!! Stuffed in a toasted ciabatta with mayo, mustard and Swiss cheese. This sandwich is sure to tantalize your taste buds!

**GREEN GODDESS**
$6.99 ea.
This vegetarian delight is sure to satisfy your hunger! Creamy Green Goddess dressing, asparagus, pickled white onions, cucumber, pickles, sprouts, lettuce and avocado, stuffed between two slices of Sourdough. The perfect sandwich for a summer day! Add bacon for $1.

USDA CHOICE FAMILY PACK GROUND CHUCK (22% FAT OR LESS!) $4.99 lb.
SHRIMP SKEWERS $6.99 lb.

We reserve the right to modify items & change prices. All items subject to availability.

WELLNESS & NATURAL LIVING

GARDEN OF LIFE
DR. FORMULATED CBD PRODUCTS
40% OFF

VITAL PROTEINS
COLLAGEN POWDER
25% OFF

AMAZING GRASS
LINE DRIVE
25% OFF

MYCHELLE
PROTECT SUN CARE
25% OFF

FOUR SIGMATIC
MUSHROOM FORMULAS
30% OFF

SUNWARRIOR
LINE DRIVE
25% OFF

BULLETPROOF
LINE DRIVE
30% OFF

Sunfood
LINE DRIVE
25% OFF

WYLD CBD
SPARKLING WATER
2 for $7 (12 oz.) +cvs