

Monthly Deals



October 2026

SANDWICHES OF THE MONTH



\$12.99 ea.
Le Beoufy
Thinly sliced roast beef, american cheese, secret sauce, tomato, and iceberg lettuce sandwich on a brioche roll!



\$13.99 ea.
Cluckin' Classic Burger
House-made cheesy chicken patty, pepperjack cheese, jalapeno slaw, tomatoes, avocado topped with Russian dressing and pickled red onions on a ciabatta bun.

MUFFIN OF THE MONTH

HOUSE-MADE

Pumpkin Chocolate Chip Muffin

\$6 ea.
4 pk.



THE MONTHLY GRIND

GRIND YOUR OWN!



Notella Hazelnut Butter

\$7.99 lb.

WHOLE BEAN SPECIAL

PRE PACK



Peru Coffee Blend

\$11.99 ea.
(10 oz.)

JUICE BAR TRICK OR TREATS



MONSTER MASH SMOOTHIE
\$7.49-8.49
16 - 24 oz.



CARAMEL APPLE BOWL
\$9.99



BLENDED PEANUT BUTTER CUP LATTE
\$7.75-8.50
16 - 24 oz.

We reserve the right to modify items & change prices. All items subject to availability.

WELLNESS & NATURAL LIVING



Truveni All Products



25% OFF
Suggested Retail Price



Host Defense All Products



25% OFF
Suggested Retail Price



Natural Factors Whole Earth & Sea Multivitamins



35% OFF
Suggested Retail Price



Organic India All Supplements



25% OFF
Suggested Retail Price



Country Life & Biochem All Products



25% OFF
Suggested Retail Price



Desert Essence Oral Care



25% OFF
Suggested Retail Price



Evanhealy All Products



20% OFF
Suggested Retail Price



Enzymedica All Products



25% OFF
Suggested Retail Price



True Grace Multivitamins



35% OFF
Suggested Retail Price



New Chapter All Products



30% OFF
Suggested Retail Price



Four Sigmatic Line Drive



25% OFF
Suggested Retail Price



Nordic Naturals Line Drive



25% OFF
Suggested Retail Price

Monthly Deals

FRAZIER FARMS

October 2026

BAKERY



HOUSE-MADE
Pumpkin Spice Granola **\$6** lb.

BULK

New Crop



Choice Medjool Dates **\$4.49** lb.

CHEESE

Perfect for cheese board, salads, & wine pairing!



Sierra Nevada Bella Capra Raw Goat Cheddar 6 oz. **\$6.99**

BEER & WINE



Soke & Soula Sake & Margarita Cocktails 8 pk. **\$17.99** + tax + CRV

California Collection



Bogle Assorted Wines 750 ml. **\$9.99** + tax + CRV

DAIRY



Siggis Skyr Yogurt 5.3 oz. **3 for \$5**



Happy Egg Large Free Range Brown Eggs 18 pk. **\$9.99**



Nounos A2 Greek Yogurt 5.3 oz. **2 for \$4**



SOS Salsa 15 oz. **\$5.99**



Delallo Organic Olives 4.5 oz. **\$4.99**

DELI

MEAT & SEAFOOD



Fresh, All Natural USDA Choice Marinated Arrachera Carne Asada **\$14.99** lb.



Bubbies Assorted Pickles 16 - 33 oz. **\$2 OFF** ea.



Fra'Mani Sausage 12 oz. **\$1 OFF** ea.
Demakes Shaved Beef (10 oz.): **\$1 OFF**



Wild Argentinian Red Shrimp 16/20 COUNT **\$11.99** lb.



Wild Bay Scallops 80/100 COUNT **\$12.99** lb.

GROCERY



Angie's Boom Chicka Pop 4.5-7 oz. **2 for \$6**



Cascade Sparkling & Still Water 28 oz. **2 for \$4** + tax + CRV



One Degree Cereal, Granola & Hot Cereal 8-11 oz. **25% OFF**



Tony's Organic Coffee 12 oz. **\$11.99**

GROCERY



Clean Cause Yerba Mate 15.5-16 oz. **2 for \$5** + tax + CRV



Immi Ramen Noodle Cups 2 oz. **\$3.99**
Ramen Packets (2.4-2.6 oz): **2 for \$7**



Zoup! Bone Broth 32 oz. **\$4.99**
Soup (16 oz): **2 for \$9**



De La Calle Tepache 12 oz. **3 for \$5** + tax + CRV

GROCERY



Archer Full Size & Mini Meat Sticks 8 oz. **\$10.99**
Meat Stick (.85-1 oz.): **3 for \$5**



Hoplark Water and Tea 16 oz. **2 for \$5** + tax + CRV
6 Pack: **\$6.49** + tax + CRV



Vista Hermosa Totopos 8-9 oz. **2 for \$9**



Rambler Sparkling Water 8 pk. **2 for \$7** + tax + CRV